



The Fruitful Darkness: A Journey Through Buddhist Practice and Tribal Wisdom

By Joan Halifax

Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 171 x 133 mm. Language: English . Brand New. In this masterwork of an authentic spirit person (Thomas Berry), Buddhist teacher and anthropologist Joan Halifax Roshi delves into the fruitful darkness—the shadow side of being, found in the root truths of Native religions, the fecundity of nature, and the stillness of meditation. In this highly personal and insightful odyssey of the heart and mind, she encounters Tibetan Buddhist meditators, Mexican shamans, and Native American elders, among others. In rapt prose, she recounts her explorations from Japanese Zen meditation to hallucinogenic plants, from the Dogon people of Mali to the Mayan rain forest, all the while creating an adventure of the spirit and a feast of wisdom old and new (Peter Matthiessen). Halifax believes that deep ecology (which attempts to fuse environmental awareness with spiritual values) works in tandem with Buddhism and shamanism to discover the interconnectedness of all life, and to regain life's sacredness. Grove Press is proud to reissue this important work by one of Buddhism's leading contemporary teachers.



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Reviews

Absolutely among the finest book We have at any time read through. We have read through and that i am sure that i will going to read once more again later on. I found out this book from my i and dad suggested this book to find out.

-- **Alford McClure**

I actually started reading this article ebook. It is actually packed with knowledge and wisdom Its been printed in an remarkably simple way and it is only after i finished reading this pdf where in fact modified me, alter the way i believe.

-- **Prof. Uriel Witting**