



Smoothie Recipes: Delicious Smoothie Recipes Book for Beginners! - Feel Great and Get in Shape with 120 Rejuvenating and Essential Smoothies for Detox, Weight Loss and Clean Eating! (Paperback)

By Sarah Brooks

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This Smoothie Recipes book contains proven steps and strategies on how to make 120 amazingly easy, delicious and healthy smoothies. Today only, get this Amazing Amazon book for this incredibly discounted price! In this book, you will learn how to make 120 smoothies at home fit for a king. These include smoothies for weight loss, for radiant skin, for detox, for boosting metabolism and increasing energy, for strengthening the immune system, for alkaline weight loss, and even smoothies for fighting cancers and diseases! Rest assured, you will not run out of delicious additions to your diet with the help of this recipe book and guide. Here is a preview of what you will learn. Smoothies For Beginners Tips And Tricks For Delicious Tasting Smoothies Smoothie Recipes For Weight Loss Smoothie Recipes For Radiant Skin Smoothie Recipes For Detoxing The Body Smoothie Recipes To Boost Metabolism Smoothie Recipes For Increased Energy Smoothie Recipes To Strengthen Your Immune System Green Smoothie Recipes For Alkaline Weight Loss Healing Food Smoothie Recipes To Fight Cancers Diseases Much, Much More! Get your copy today!.

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