

SPICE MIXES: LEARN THE TOP HEALTH BENEFITS OF USING SPICE MIXES ON YOUR FOOD AND MORE (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.DISCOVER:: 11 in 1 Box Set - Learn The Top Health Benefits Of Using Spice Mixes On Your Food And More In These 11 in 1 Box Set*** BONUS! : FREE Natural Remedies Report Included !! *** * * * LIMITED TIME OFFER! * * * Spice Mixes - 11 in 1 Box Set - Learn The Top Health Benefits Of Using Spice Mixes On Your Food And More In These 11 in 1 Box Set BOOK #1 PREVIEW Basic home remedies are treatments that can cure or help you manage a disease with the use of spices, condiments, and other items that can be commonly found around your home or can be easily bought from the local market. This kind of practice has been done over the years. Living with certain conditions is manageable with the items you probably never imagined that have medicinal properties. Two of them Coconut oil and Apple Cider Vinegar will be thoroughly discussed in this handbook. These are items that are typically used only for only thought that were only used for cooking. BOOK #2 PREVIEW Medicine is one of the oldest branches of science. People have always been seeking means to alleviate sicknesses and prolong life. In olden times, people achieved this by taking resources, like plant and animal parts, from nature. Other times, they observe the healing techniques of sick animals. Most striking of all is shifting to a certain type of lifestyle in the hopes of alleviating disease. BOOK #3 PREVIEW Before there even was modern-era medications and its pharmacopoeia of artificial medications, there were medicinal plants. Prehistoric civilizations have widely used them for the strategic treatment..

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